



Post operative instructions for fillings

Silver or Amalgam fillings:

You should avoid chewing on new silver fillings for the first 24 hours as it takes 24 hours for them to set to final hardness.

Tooth-colored or composite fillings:

You may chew as soon as the numbness from the anesthesia wears off as the composite will be fully cured to final hardness prior to leaving the office

For all types of fillings

Avoid hot beverages and chewing until the anesthesia wears off completely to avoid injury to your lips and tongue

Children should be observed by a responsible adult until the numbness wears off. Children often will chew on their lips and tongue due to the strange feeling from the anesthesia and can cause problematic injuries if not discouraged from chewing on their soft tissue.

Sensitivity to temperature changes in the mouth is common for a few weeks after having a new filling placed. Usually, the deeper the cavity the more sensitive the tooth will be. Ibuprofen or Tylenol usually work well to control the discomfort. If the sensitivity becomes worse or persistent contact our office.

The area where the anesthesia was given can be tender following the procedure. The gum tissue may also be irritated following an appointment. This should resolve within 24 to 48 hours.

If the area becomes painful to chewing or just feels "off" when eating please call for a short appointment for a simple adjustment to your bite.